




Ken Ton Meals on Wheels Menu December 2024



Mon	Tue	Wed	Thu	FRI
<p><i>Adopt a Day: Pat & Rich Dowling in honor of Mary Weiss</i></p> <p>2. Hot: Potato Kielbasa and Chicken Skillet, Carrots & Cauliflower, Green Beans, Roll, <u> pudding Parfait</u> Cold: Turkey on Multigrain , Vegetable Salad, Applesauce</p>	<p>3. Hot: Steakette Burger w/ Mushroom Gravy. Mashed Potatoes, Mixed Veggies, Rye Bread, Tropical Fruit Cold: Chicken Club Pasta, Crackers, Mandarin Oranges</p>	<p><i>Adopt a Day- Beechwood Care</i></p> <p>4. Hot: Chicken Strips over Rice w/ Peppers and Onions, California Mix, Yellow Squash, Roll, <u>Cookie</u> Cold: Egg Salad over Mixed Greens, Crackers and Grapes</p>	<p>5. Hot: Roast Turkey w/ Gravy, Mashed Potato, Peas and Carrots, Roll, Jello Cold: Julianne Salad, Crackers, Pears</p>	<p><i>Robert Sullivan adopted today to honor his mother Mary Sullivan</i></p> <p>6. Hot: BBQ Ribette, Red Potato, Cole Slaw, Burger Roll, Cherry Cobbler Cold: Roast Beef on Soft Roll, Macaroni Salad, Peaches</p>
<p><i>The Brounshidle Post 205 adopted today to honor the 2403 citizens that were killed in the attack on Pearl Harbor</i></p> <p>9. Hot: Chicken and Waffles, Red Potatoes, Warm Apples, Strawberry <u> Pudding Parfait</u> Cold: Tortellini Salad, Crackers, Mandarin Oranges, Brownie</p>	<p>10. Hot: Ham & Cheese Frittata, Roasted Red Potatoes, Hubbard Squash, Roll, Homemade Cookie Cold: Mediterranean Tuna Salad, Crackers, Grapes</p>	<p>11. Hot: Lasagna with Meat Sauce, California Blend Vegetables, Roll, Salad, Coffee Parfait Cold: Chicken Salad, Wheat, Carrots and Celery, Pineapple</p>	<p>12. Hot: Cauliflower & Broccoli Mac & Cheese, Carrots, Chef Salad, Roll, Fruit & Yogurt Parfait Cold: Turkey on Multigrain Bread, Caesar Salad, Mandarin Oranges</p>	<p><i>Joe and Kathy Curatolo Family Foundation adopted today to celebrate the season of giving</i></p> <p>13. Hot: Bratwurst and Baked Beans, Roasted Potato, Vegetable Medley, Roll, <u> Cake</u> Cold: Southwest Chicken Salad, Greens, Tortilla Chips, Apple</p>
<p>16. Hot: Cheese Ravioli, Meat Sauce, Peas, Squash with Peppers, Italian Bread, Snicker Doodle Cookie Cold: Turkey on Brioche Roll, Broccoli Salad, Cinnamon Pears</p>	<p>17. Hot: Chicken Cordon Bleu, Orange Glazed Carrots, Broccoli, Rice, Marble Cake Cold: Salad Sampler, Roll, Marinated Beets and Onion Salad and Gelatin</p>	<p><i>Adopt a Day An Anonymous Volunteer adopted today to honor all the clients on Route 20 & 21</i></p> <p>18. Hot: Roast Beef and Gravy, Hubbard Squash, Cabbage, Roll, <u> Cherry Cake</u> Cold: Ham and Swiss, Brioche roll, Chef Salad, Pineapple</p>	<p>19. Hot: Roasted Pork Loin with Gravy Sweet Potato, Collard Greens, Stuffing, Applesauce Cold: Greek Chicken Salad, Crackers, Mandarin Oranges</p>	<p><i>Adopt a Day An Anonymous Volunteer adopted today to honor all the clients on Route 22</i></p> <p>20. Hot: Shrimp with Lemon Garlic Spinach over Pasta, California Mix, <u> Berry Muffin Square</u> Cold: Pub Salad, Carrots and Celery, Crackers, Apricots</p>
<p>23. Hot: Taco Casserole w/ Sour Cream and Tortilla Chips, Mixed Veggie, Lime Parfait Cold: Anitpasta Salad, Pears, Jello</p>	<p>24. Hot: Turkey, Gravy, Mashed Potatoes, Peas& Carrots, Roll, Stuffing, Cranberry, Christmas Cookie Parfait Cold: Salmon Caesar Salad, Pita, Mandarin Oranges</p>	<p>25. NO DELIVERY TODAY</p> 	<p>26. Hot: Chicken Breast w/ Gravy over Rice, Bermuda Blend, Peas, Apple Crisp Cold: Ham & Swiss, Roll, Tomato Wedges, Pudding</p>	<p><i>Adopt a Day in loving memory of Dave Randazzo from his fellow volunteers and friends</i></p> <p>27. Hot: Beef Stroganoff over Rice, Cauliflower, Green Beans, <u> Chocolate Chip Cookie</u> Cold: Chicken Mediterranean Salad, Roll, Grapes</p>
<p>30. Hot: Chicken Florentine over Penne, California Mix, Salad, Fruit Parfait, Roll Cold: Roast Beef and Provolone on Roll, Waldorf Salad, Nilla Wafers</p>	<p>31. Hot: Steak, Mashed Potatoes, Carrots, Roll, Chocolate Cake Cold: Turkey Swiss Salad, Crackers, Mandarin and Strawberry Salad</p> 	<p>FOOD ALLERGY NOTICE Please be advised that food prepared in our kitchen may contain these ingredients: Milk, eggs, soybean, peanuts, tree nuts, and shellfish If you have a food allergy or special dietary requirements, please call our office for more information</p>	<p>MENU ITEMS SUBJECT TO CHANGE!</p> <p>Hot Meal \$5.50 Hot & Cold Meal \$8.25 Hot, Cold & Breakfast \$9.50</p>	<p>Call 716-874-3595 before 8:00 a.m. with cancellations GOODIE BAGS GO OUT HOLIDAY WEEK FOR NYE</p>